PEACH AND TOMATO SALSA





Program Location: Online

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This sweet and zesty salsa is quick and easy to prepare.

Ingredients

- 4 to 6 plum or Roma tomatoes, seeded and diced
- 2 bell peppers (red, yellow and/or orange)
- Half of one medium yellow onion
- 28 fl oz (796 mL) can of peaches or 4 fresh peaches
- ¼ cup (60 mL) finely chopped fresh cilantro (or parsley)
- 2 tbsp (30 mL) lime juice (about 2 limes)
- Salt and pepper to taste
- Hot pepper (optional)

Preparation

- 1. Place the diced tomatoes in a large bowl. Finely chop the bell peppers and onion, then add them to the bowl.
- 2. Dice the peaches without peeling them, then add to vegetables in the bowl. Stir the mixture with a large spoon to combine.





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- 3. Add the finely chopped cilantro, lime juice, and salt and pepper to taste. Mix everything together until well combined, then serve with tortilla chips.
- 4. Enjoy!





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