

MANGO LASSI



CANADA AGRICULTURE AND FOOD
MUSEUM – MUSÉE DE L'AGRICULTURE
ET DE L'ALIMENTATION DU CANADA

Program

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Savour this creamy refreshing beverage bursting with rich mango flavour. Perfect as a satisfying snack any time of day!

Ingredients

- 2 cups (500 mL) frozen mango chunks
- 2 cups (500 mL) mango juice
- ½ cup (125 mL) mango pulp-
- ½ cup (125 mL) plain Greek yogurt-
- ¼ cup (60 mL) milk -----

Preparation

1. Add all the ingredients to a blender, taking care to seal the lid tightly.-
2. Blend on a high speed, until fully blended and smooth.
3. Pour into your favourite glass and serve. -

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4. Enjoy!

Note: Mango pulp is commonly available in cans at most local grocery stores, typically found in the international or canned fruit aisle.

Yield: 4 servings