BLUEBERRY SAUCE





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Lazy weekend brunch is even better with this delectable blueberry sauce. It's the perfect topping for pancakes, waffles, yogurt, oatmeal, or ice cream!

Ingredients

- 2 cups (500 mL) blueberries, fresh or frozen
- 2 tbsp (30 mL) brown sugar
- Juice of half a lemon
- ½ cup (125 mL) water
- 1 tbsp (15 mL) cornstarch, dissolved in 1tbsp of water

Preparation

- 1. Combine the blueberries, honey, lemon juice, and water in a small saucepan over medium heat. Bring the mixture to a boil, and stir for two to three minutes.
- 2. Lower the heat to a gentle simmer. Add the dissolved cornstarch and continue to stir until the mixture starts to thicken, about two to three more minutes.
- 3. Remove from heat once you've reached your desired consistency. Let the sauce cool slightly before serving.







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4. Store the remaining sauce in an airtight container in the refrigerator for up to one week. The sauce will thicken overnight. Reheat in the microwave before serving.

Note: This sauce is so versatile! It can also be made with a blend of raspberries, blackberries, and strawberries.



